

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>No School</b></p> <p><b>Labor Day</b></p>	<p>3</p> <p><b>AM Snack:</b> Organic oat cereal with organic milk</p> <p><b>Lunch:</b> Chicken in cream sauce, pilaf rice, with diced carrots</p> <p><b>Vegetarian:</b> Chickpeas, pilaf rice and carrots,</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Broccoli soup</p> <p><b>PM Snack:</b> String cheese and bananas</p>	<p>4</p> <p><b>AM Snack:</b> French toast, Homemade banana maple syrup</p> <p><b>Lunch:</b> Navy bean vegetable stew with , and quinoa rice</p> <p><b>Vegetarian:</b> Navy bean and vegetable stew and quinoa rice.</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cauliflower soup Soup</p> <p><b>PM Snack:</b> Fruit salad and toasted organic oats</p>	<p>5</p> <p><b>AM Snack:</b> Fresh cut baked apples with Toasted organic oats</p> <p><b>Lunch:</b> Ground turkey, potato puree, and green bean salad</p> <p><b>Vegetarian:</b> Ground lentils, potato puree, and green beans</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> White bean soup</p> <p><b>PM Snack:</b> Strawberry yogurt with organic granola</p>	<p>6</p> <p><b>AM Snack:</b> Homemade biscuit with jam</p> <p><b>Lunch:</b> Beef stew, egg noodles, with peas and carrots</p> <p><b>Vegetarian:</b> Vegetable and bean stew, egg noodles, with peas and carrots</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Potato soup</p> <p><b>PM Snack:</b> Egg salad with greek yogurt and wheat crackers</p>
<p>9</p> <p><b>AM Snack:</b> Organic oat cereal with organic milk</p> <p><b>Lunch:</b> Ground chicken, brown rice, and diced squash</p> <p><b>Vegetarian:</b> Ground tofu, brown rice, and diced squash</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cream of asparagus</p> <p><b>PM Snack:</b> Organic string cheese with diced melon</p>	<p>10</p> <p><b>AM Snack:</b> Organic blueberry Muffin</p> <p><b>Lunch:</b> Ground turkey,, cilantro rice, with steamed corn and cauliflower</p> <p><b>Vegetarian:</b> Refried beans, cilantro rice, with steamed corn and cauliflower</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Tomato bisque soup</p> <p><b>PM Snack:</b> Naan bread with guacamole</p>	<p>11</p> <p><b>AM Snack:</b> Egg frittata with spinach</p> <p><b>Lunch:</b> Vegetable and bean marinara, rotini wheat pasta, and a garden salad</p> <p><b>Vegetarian:</b> Vegetable and bean marinara, rotini pasta, and garden salad</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Chicken and potato soup</p> <p><b>PM Snack:</b> Organic tapioca yogurt</p>	<p>12</p> <p><b>AM Snack:</b> Whole grain bagel with organic whipped cream cheese</p> <p><b>Lunch:</b> Beef in gravy, roasted potatoes, with zucchini and carrots</p> <p><b>Vegetarian:</b> Chickpea stew, roasted potatoes, and zucchini and carrots</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cream of Broccoli</p> <p><b>PM Snack:</b> Dried organic trail mix (nut free)</p>	<p>13</p> <p><b>AM Snack:</b> Organic banana bread</p> <p><b>Lunch:</b> Diced chicken, gallo pinto, and green bean salad with evoo</p> <p><b>Vegetarian:</b> Gallo pinto rice, sweet plantains, and green bean salad</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> vegetable soup</p> <p><b>PM Snack:</b> Organic apple and strawberry sauce</p>

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<p style="text-align: center;"><b>16</b></p> <p><b>AM Snack:</b> Organic oat cereal with organic milk</p> <p><b>Lunch:</b> Ground beef, arroz moro, and baked broccoli and cauliflower</p> <p><b>Vegetarian:</b> Arroz moro, with baked broccoli and cauliflower</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cream of potato</p> <p><b>PM Snack:</b> Cut apples and honey crackers</p>	<p style="text-align: center;"><b>17</b></p> <p><b>AM Snack:</b> Pancakes with Homemade banana maple syrup</p> <p><b>Lunch:</b> chicken fajitas, with peppers and onions, Red beans, tortilla, and sour cream</p> <p><b>Vegetarian:</b> Tofu fajitas with peppers and onions, red beans, tortilla and sour cream</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Vegetable soup</p> <p><b>PM Snack:</b> Strawberry yogurt with organic granola</p>	<p style="text-align: center;"><b>18</b></p> <p><b>AM Snack:</b>organic whole grain cheese quesadillas</p> <p><b>Lunch:</b> Chicken sancocho, white rice, and roasted plantains</p> <p><b>Vegetarian:</b> bean sancocho, white rice, and plantains</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Split pea soup</p> <p><b>PM Snack:</b> Chicken salad in greek yogurt with organic wheat crackers</p>	<p style="text-align: center;"><b>19</b></p> <p><b>AM Snack:</b> Fresh fruit smoothie</p> <p><b>Lunch:</b>Pulled lemon turkey, quinoa rice, and Broccoli</p> <p><b>Vegetarian:</b>Quinoa stir fry, white rice, and broccoli</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cream of bean</p> <p><b>PM Snack:</b> Watermelon with organic string cheese</p>	<p style="text-align: center;"><b>20</b></p> <p style="text-align: center;"><b>No School</b></p> <p style="text-align: center;"><b>Teacher Planning Day</b></p>
<p style="text-align: center;"><b>23</b></p> <p><b>AM Snack:</b> Organic oat cereal with organic milk</p> <p><b>Lunch:</b> Arroz con pollo, sweet plantains, with peas and carrots</p> <p><b>Vegetarian:</b> Vegetable yellow rice, plantains, with peas and carrots</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cream of asparagus</p> <p><b>PM Snack:</b> Banana with honey crackers</p>	<p style="text-align: center;"><b>24</b></p> <p><b>AM Snack:</b> Whole grain bun with warm organic cream cheese</p> <p><b>Lunch:</b> Turkey bolognese, macaroni pasta, and sliced cucumber and tomatoes</p> <p><b>Vegetarian:</b> Vegetable marinara, macaroni pasta, and sliced cucumbers and tomatoes</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cream of spinach</p> <p><b>PM Snack:</b> Fresh cut Fruit salad with chia seeds</p>	<p style="text-align: center;"><b>25</b></p> <p><b>AM Snack:</b> Scrambled eggs</p> <p><b>Lunch:</b> Chickpea and vegetable curry stew, white rice and roasted plantains</p> <p><b>Vegetarian:</b> Chickpea and vegetable stew, white rice and roasted plantains</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Chicken noodle soup</p> <p><b>PM Snack:</b> Homemade corn bread</p>	<p style="text-align: center;"><b>26</b></p> <p><b>AM Snack:</b> Organic banana bread</p> <p><b>Lunch:</b> Chicken fried rice with Broccoli and carrots</p> <p><b>Vegetarian:</b> Vegetable and tofu fried rice with peas and carrots</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Red bean soup</p> <p><b>PM Snack:</b> Naan bread with whipped strawberry cream cheese</p>	<p style="text-align: center;"><b>27</b></p> <p><b>AM Snack:</b> Organic blueberry muffins</p> <p><b>Lunch:</b> Bbq meatballs, baked cauliflower and potato puree, and a coleslaw salad</p> <p><b>Vegetarian:</b> BBQ beans, potato puree, and a coleslaw salad</p> <p><b>Dessert:</b> Fresh cut fruit</p> <p><b>Soup:</b> Cream of corn</p> <p><b>PM Snack:</b> Fresh tangerine with organic wheat crackers</p>

\*Menus are subject to change from week to week based on food shortages and high demand