

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>AM Snack: Organic oat cereal and milk</p> <p>Lunch: Bbq meatballs, potato puree with cauliflower, and roasted broccoli</p> <p>Vegetarian: Bbq beans, potato puree with cauliflower, and roasted broccoli</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of vegetable</p> <p>PM Snack: Whole Fresh banana</p>	<p>3</p> <p>AM Snack: Organic blueberry Muffin</p> <p>Lunch: Ground turkey, yellow rice with peas and carrots</p> <p>Vegetarian: ground lentils, refried beans, and yellow rice with peas and carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of cauliflower</p> <p>PM Snack: Organic string cheese with organic wheat crackers</p>	<p>4</p> <p>AM Snack: Egg salad with organic greek yogurt and whole grain bread</p> <p>Lunch: Vegetable marinara, bowtie pasta, with chickpeas and sliced cucumber</p> <p>Vegetarian: Vegetable Marinara, bowtie pasta, with chickpeas and sliced cucumber</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken and rice</p> <p>PM Snack: Fresh cut fruit salad with toasted organic oats</p>	<p>5</p> <p>AM Snack: Fresh cut apples with organic honey whipped cream</p> <p>Lunch: Beef in gravy, roasted potatoes, and green bean salad</p> <p>Vegetarian: Chickpea stew, roasted potatoes, and green bean salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of Broccoli</p> <p>PM Snack: Organic vanilla yogurt with berries</p>	<p>6</p> <p>AM Snack: Organic banana bread</p> <p>Lunch: Diced poached chicken, sweet potato puree and roasted carrots with cauliflower</p> <p>Vegetarian: Baked tofu, with sweet potato puree and roasted carrots with cauliflower</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of corn</p> <p>PM Snack: Toddler friendly Trail mix (nut free)</p>
<p>9</p> <p>AM Snack: Organic Oat Cereal with milk</p> <p>Lunch: Pulled mojo chicken, pilaf rice, white beans and vegetables</p> <p>Vegetarian: White bean and vegetable stew with yellow rice</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of lentil</p> <p>PM Snack: Fresh cut watermelon and organic string cheese</p>	<p>10</p> <p>AM Snack: Organic naan bread with whipped cream cheese</p> <p>Lunch: Turkey and vegetable stew, white rice and garbanzo and quinoa salad</p> <p>Vegetarian: Chickpea stew and vegetable stew, with a garbanzo and quinoa salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of squash</p> <p>PM Snack: Organic vanilla yogurt with sliced apples</p>	<p>11</p> <p>AM Snack: Organic egg salad with greek yogurt and whole grain crackers</p> <p>Lunch: Three cheese mac and cheese, peas and carrots with garden salad</p> <p>Vegetarian: Three cheese mac and cheese, peas and carrots with a garden salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken and vegetable soup</p> <p>PM Snack: Organic apple and strawberry puree</p>	<p>12</p> <p>AM Snack: Organic strawberry yogurt with organic granola</p> <p>Lunch: Baked breaded chicken, with cauliflower mash potato, and steamed broccoli</p> <p>Vegetarian: Seared lemon tofu, with cauliflower mash potato, and steamed broccoli</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Red bean soup</p> <p>PM Snack: Fresh cut organic pineapple with whole grain squares</p>	<p>13</p> <p>AM Snack: Organic blueberry Muffin</p> <p>Lunch: Vaca frita, corn on the cob, carrots and squash</p> <p>Vegetarian: Chickpeas, and corn on the cob, with carrots and squash</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Split pea</p> <p>PM Snack: Fresh cut pears with whipped cream cheese</p>

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<p style="text-align: center;">16</p> <p>AM Snack: Milk and organic oat cereal</p> <p>Lunch: Chicken in tomato sauce with white rice and steamed butternut squash</p> <p>Vegetarian: squash in red sauce with white rice and peas</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of chickpea</p> <p>PM Snack: Organic string cheese with organic wheat crackers</p>	<p style="text-align: center;">17</p> <p>AM Snack: Organic vanilla yogurt with acai</p> <p>Lunch: Meatballs with mash potato, and glazed carrots</p> <p>Vegetarian: vegetable meatball, mash potato, and glazed carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of spinach</p> <p>PM Snack: Fresh banana with organic whole wheat crackers</p>	<p style="text-align: center;">18</p> <p>AM Snack: Organic egg salad with organic greek yogurt and fresh carrot sticks</p> <p>Lunch: Black bean and vegetable stew, white rice, and sweet plantains</p> <p>Vegetarian: Black bean and vegetable stew, white rice, and vegetable stew</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Tomato bisque</p> <p>PM Snack: Fresh cut fruit with organic oats</p>	<p style="text-align: center;">19</p> <p>AM Snack: Fresh cut apple with organic whipped honey cream</p> <p>Lunch: Ground turkey with marinara, macaroni pasta and green beans with carrot salad</p> <p>Vegetarian: Ground tofu with marinara, macaroni pasta and green bean with carrot salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of broccoli</p> <p>PM Snack: Organic whole grain bread with a greek yogurt chicken salad</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">No School</p> <p style="text-align: center;">Teacher Planning Day</p>
<p>December 23 - 27</p> <p>No School - Holiday Break</p>				
<p>December 30 - 31</p> <p>No School - Holiday Break</p>				

*Menus are subject to change from week to week based on food shortages and high demand